

PSORIASIS

Kavita Sagar
Tel. no. [REDACTED]

7/11/06

My name is Kavita Sagar and I am suffering from psoriasis for ^(methotrexate tablets) past 9 yrs. I was taking allopathic treatment for it for around 6 months. But it made no difference because as soon as I stopped it would make its appearance. I came to Doctor Sunil Mehra's clinic in Oct '04 for homeopathic treatment. Today I am around 60% better. The state in which I came was very bad because I had to stop allopathic treatment altogether. I simply followed the doctor's advice, took the medicine in time and reported to him on time. You have to be really patient with the treatment because the disease is such that if ^{think you} you will be okay in few months it is not. You have to have faith in your doctor and give him ^{and your own time} also. In past two years it flared up also but I was not scared or demotivated. You have to be practical and understand what the doctor says and explains to you. By following what he said I am very much better because he will always want the best for you and get well. He is a very practical doctor. I got an ear infection which was very bad for that he advised me to take allopathic medicine.

According to me whatever he says is

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is for your betterment only and for your good and secondly even we have to make the effort to get well by changing our lifestyles for better. Because only medicines cannot do everything for you. We have to change our diet ~~to~~ our lifestyle according to the requirement. Even the compounders sitting outside are very helpful and polite.

I am sure I will get 100% better in a few days time with the help of the doctor provided I follow his advice.

Thank You.

Kavita Sagar
6/11/06.